

## ASH WEDNESDAY

at Our Lady of the Skies Chapel

11:00 AM Prayer Service with Distribution of Ashes  
12:15 PM Mass with Distribution of Ashes  
5:00 PM Prayer Service with Distribution of Ashes

## HOLY MASSES

at Our Lady of the Skies Chapel

Saturday, February 6 at 5 PM for George Schuellein  
Sunday, February 7 at 10:30 AM  
Saturday, February 13 at 5 PM for Members of the Catholic Guild  
Sunday, February 14 at 10:30 AM for Florence & Harold Weinland

## PLEASE REMEMBER IN YOUR PRAYERS

the following sick:

Sue McCormick  
Maureen Ramazzotti  
Anthony DiBenedetto  
Yolan DePhillips  
Linda Cavello

Barbara Paredes  
Louise Cirillo  
Lindsey Jefferies  
John Donohue  
Maureen Devine

## PLEASE REMEMBER IN YOUR PRAYERS

the following deceased:

Elise Ten Berge  
Teresa Zorzin  
Domenic Santopietro

Ann Teresa Bradley  
Edward McFadden  
Fanny Santopietro

## NEW SCHEDULE OF LITURGIES

at Our Lady of the Skies Chapel

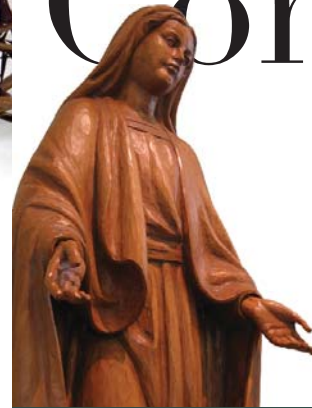
Beginning with Ash Wednesday we are introducing a new schedule of services at Our Lady of the Skies Chapel. We will offer Masses Tuesday through Friday at 12:15 PM, Saturday (Sunday Vigil) at 5:00 PM and Sunday at 1:00 PM.



# OUR LADY OF THE SKIES CHAPEL

# Connections

WWW.JFKCHAPEL.ORG



FEBRUARY 7, 2010 | FIFTH SUNDAY IN ORDINARY TIME

## February 11, 2010

### The World Day of the Sick



On this  
World Day of the Sick,  
When we are called to be especially  
Sensitive  
To the needs of the sick,  
We pray to the God of our Faith.  
God of healing, heal your people.  
We lift to you imploringly  
Our needs and the needs of  
The sick throughout the world,  
Particularly  
Those who are cast away  
Because of their illness.  
God of healing, heal your people.

We pray for the  
Patience of the sick,  
And the compassion  
Of caregivers.  
God of healing, heal your people.  
Let your blessing of healing  
Come upon my sister (brother)  
That she (he) may praise you  
All the days of her (his) life.  
We pray,  
Merciful God, hear our prayers.

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Emerson Hospital Chaplain, Concord, Massachusetts

Chapel Hours  
6 AM-10 PM

Phone: (718) 656-5348  
Fax: (718) 656-8162  
[www.jfkchapel.org](http://www.jfkchapel.org)

John F. Kennedy Airport  
Terminal 4 | Suite 461-037  
Jamaica, NY 11430

# THE word

While the crowd was pressing in on Jesus and listening to the word of God, he was standing by the Lake of Gennesaret. He saw two boats there alongside the lake; the fishermen had disembarked and were washing their nets. Getting into one of the boats, the one belonging to Simon, he asked him to put out a short distance from the shore. Then he sat down and taught the crowds from the boat. After he had finished speaking, he said to Simon, "Put out into deep water and lower your nets for a catch." Simon said in reply, "Master, we have worked hard all night and have caught nothing, but at your command I will lower the nets." When they had done this, they caught a great number of fish and their nets were tearing. They signaled to their partners in the other boat to come to help them. They came and filled both boats so that the boats were in danger of sinking. When Simon Peter saw this, he fell at the knees of Jesus and said, "Depart from me, Lord, for I am a sinful man." For astonishment at the catch of fish they had made seized him and all those with him, and likewise James and John, the sons of Zebedee, who were partners of Simon. Jesus said to Simon, "Do not be afraid; from now on you will be catching men." When they brought their boats to the shore, they left everything and followed him.

LUKE 5:1-11

Leave what is  
heavy  
in your life  
and follow Him!



# SOMETHING TO sit WITH

There is a story about two monks sitting on a bank of a river and silently reading from their prayer books. Both were dedicated to God and were following the rule of the Gospel and of their order. Suddenly, a beautiful girl showed up on the other side of the river, apparently wanting to cross the cold and treacherous waters. One of the monks spotted her, put down his prayer book immediately and went to help this attractive visitor. After he carried her to the other side, she thanked him and went her way. So did the monk, he went back to his prayer book. At the dinner time, when they were allowed to speak, the other monk opened his mouth and said: – I can't believe what you did earlier today. How could you pause your prayer and jeopardize your soul by touching this girl, whose body was so full of temptation? – The difference between me and you—said the other monk—is that, when I brought her to the other side of the river, I left her there. Apparently, you have been carrying her throughout the day, until this hour...

You don't have to be a monk, spending all days on silence, meditation and prayer, following details of some harsh medieval rule, in order to find in your life quite a few similarities to this story and this Sunday's gospel passage. We all have many scars from the past. Some of them happened because of our own selfishness or lack of wisdom; some others happened because somebody else, knowingly or unknowingly, has done something bad to us. I agree, that some of these hurts and scars have been deep and painful. Some of them could have even required a help from a trained professional to bring us some sort of comfort. Yet, in some cases, we prefer to play the role of the suffering one, asking for some empathy and compassion. How long are you willing to spend your time, attention and energy on carrying the burden upon your shoulders? Or maybe, as you are reading these words, the time is now for you to leave all the unnecessary burden and go your way. Don't repeat the other monk's mistake! Leave what is heavy in your life and follow Him, just as the apostles did.